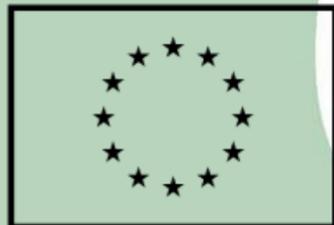


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Module 7

MAKING & PERSONALIZATION



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WHY WE DO THIS ACTIVITY

Spaces are not only walls, furniture, or colours – they are also shaped by objects we use every day. Small objects, adapted or personalised, can make a space easier to use, more comfortable, and more meaningful.

The MAKING & PERSONALIZATION activity helps you **turn ideas, feelings, and needs into real objects.**

These objects can support routines, improve orientation, add tactile comfort, and reflect the identity of the people using the space.



WHAT THE 'MAKING & PERSONALIZATION' ACTIVITY IS

This activity is a hands-on experience where you design and make small objects based on your insights or the needs of the people who use a space.

You will:

- **Choose something important** you noticed about yourself, others, or the space
- **Sketch a simple idea** of an object that could respond to it.
- **Build the object** using the materials and tools available.
- **Test how the object works** in a space.

WHY YOU DO IT FOR YOURSELF FIRST

Before designing for others, it is helpful to explore your own ideas and needs. By making objects yourself, you notice:

- What helps you feel **comfortable** and **supported**
- How small changes can improve **usability, orientation,** or **routine**
- How **personalisation** can create **meaning in a space**

Later, you can use the same skills to involve others and make spaces more inclusive.



HOW THIS ACTIVITY HELPS IN REAL LIFE

Making objects in this way helps you:

- Transform ideas or needs into **tangible solutions**
- Understand how objects affect the **perception** and **use of space**
- Support **routines, orientation,** or **comfort**
- Experiment, reflect, and improve your designs through **trial and error**
- Work with others, **share ideas**

Even small, simple objects can have a big impact on how people experience a space.

WHAT IS THE MOST IMPORTANT SKILL YOU GAIN HERE?

This means:

- Connecting insights, emotions, routines, and sensory preferences to **practical objects**
- Thinking about how objects work in real spaces
- Making **conscious choices**
- Testing, adapting, and improving ideas

DESIGN
AWARENESS

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**LET'S DO THE
'MAKING &
PERSONALIZATION'
ACTIVITY**

STEP 1

Find an insight

Think about what matters in the space or the people using it. Examples:

- Calm
- Stimulation
- Easy storage
- Orientation
- Soft textures for comfort
- A colour that supports wellbeing



LET'S DO THE 'MAKING & PERSONALIZATION' ACTIVITY

STEP 2

Sketch your object

Draw a simple version of your idea on paper. Focus on:

- Function: What will it do?
- Size: How big or small should it be?
- Placement: Where in the space will it go?



LET'S DO THE 'MAKING & PERSONALIZATION' ACTIVITY

STEP 3

Build the object

Use the materials and tools available to create the basic structure.

You might:

- Cut and assemble cardboard, wood, or textiles
- Join pieces with tape, glue, or screws
- Keep the structure stable and usable

**LET'S DO THE
'MAKING &
PERSONALIZATION'
ACTIVITY**

STEP 4

Customize

Add colours, textures, tactile details, or symbolic elements.

Ask yourself:

- Does it still meet the original need?
- Does it feel comfortable and usable?
- Is it connected to the atmosphere or function I want?

**LET'S DO THE
'MAKING &
PERSONALIZATION'
ACTIVITY**

STEP 5

Test and present

Place the object in a space (real or imagined) and check how it works.

Then:

- Show your object to the group
- Explain your choices and what need it responds to
- Reflect on how making it felt and what you learned



QUIZ ANSWERS

- 1) B
- 2) FALSE
- 3) A
- 4) A
- 5) TRUE
- 6) A
- 7) FALSE

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